



CORRECTIONS OFFICER APPLICANT PRE-EMPLOYMENT PHYSICAL ABILITY TEST

Applicant handout information on Corrections Officer physical
ability testing

As of April 10, 2019, the Elkhart County Sheriff's office corrections officer applicant physical ability testing will be the following:

1. Handgun Manipulation:

As a corrections officer, you are expected to shoot and qualify with an agency issued handgun.

For this test, the applicant will be expected to handle and manipulate a real handgun with each hand, unassisted and unsupported with the opposing hand, load a magazine, rack the slide, point at a target and pull the trigger, and remove the magazine from the handgun in a timed test. No actual live ammunition is involved in this test. No knowledge of handguns or shooting experience is necessary for this test.

Sections 2-7 are timed with each section completed without rest or pause (any rest or pause by the applicant is included in the overall timed score for this test) and in a continuous fashion. The time begins when the applicant begins by picking up the weight in the Equipment Carry section and stops when the applicant stands up fully erect after the last cycle of the Knockdown and Recover section or exceeds the maximum time. Applicants have 5 minutes and 30 seconds to complete sections 2-7.

2. Equipment Carry:

This measures strength and ability to retrieve and transport emergency equipment you would encounter as a corrections officer.

Applicants must carry a 40 pound dumbbell 50 feet, set the weight down in the designated area, pick the weight up and carry back to the starting point, for a total of 100 feet.

The applicant then moves quickly to the adjacent stairwell for the Stair Ascent and Descent.

3. Stair Ascent and Descent:

This measures a corrections officer's ability to respond to an emergency in the upper mezzanine of the inmate living areas where stairs need to be ascended or descended.

Applicants will descend two flights of stairs without stopping. Applicants will then return to the top of the two flights of stairs and then descend the stairs for a second time. Applicants can skip stairs but are not allowed to jump rails and must stay on the course.

The applicant then proceeds quickly to the adjacent hall for the Obstacle Maneuver.

4. Obstacle Maneuver:

This measures a corrections officer's ability to quickly maneuver around tables, gates, doors, people, and other obstacles within the facility.

3 cones will be placed at one end of the hallway, approximately 50 feet from 3 other cones at the other end of the hall. Applicants will proceed through the course and counter clock-wise around cones in numbered order as quickly as possible.

The maneuver covers approximately 300 feet and ends at the Peg Board section.

5. Peg Board:

This measures a corrections officer's ability to manipulate keys or other small devices under duress or fatigue.

Applicants must place 10 pegs into any of 25 available peg board slots, using only their right hand for 5 pegs into slots, and using only their left hand for 5 pegs into slots.

The applicant then quickly moves to the Human Drag and Handcuffing section.

6. Human Drag and Handcuffing:

This measures the ability to remove an injured officer, citizen or inmate from hostile areas and to use handcuffs.

No prior experience or training in handcuffs is required.

The dummy, weighing approximately 160 lbs., will be face down. The applicant must place the dummy face up and drag or carry the dummy for 25 feet, around an obstacle without touching the obstacle, and another 25 feet to across a designated line where the applicant will place the dummy facedown. The applicant must then place the arms of the dummy behind its back and lock handcuffs onto each wrist of the dummy.

The applicant then moves quickly to the Knockdown and Recover section.

7. Knockdown and Recover:

This measures a corrections officer's ability to get back on their feet after being knocked down or falling during a physical altercation.

The applicant will lay down on their stomach, stand up on their feet, legs and body straight, perpendicular to the floor. They will then lay down on their back. Applicants will stand up on their feet, legs and body straight, perpendicular to the floor. This will be one cycle.

Applicants must complete a total of 4 cycles as quickly as possible, concluding the timed test.

All the testing sections will be reviewed and explained by the test administrators at the time of the testing with the applicants able to ask questions for clarification. Applicants who violate the rules of the testing process will be provided with a verbal warning per section in an attempt to correct the issue. If the action is not corrected the administrator may disqualify the applicant. Administrators will provide the applicant their elapsed time during the test, if asked. Applicants who unsuccessfully complete the physical ability testing may re-test at any time there is a corrections officer applicant hiring process. Applicants passing the physical ability testing for corrections, the results are good for one year for the corrections hiring process.